



corepilatesnyc.com

Here's how the process works:

- 1) Decide which work study program you are interested in. You have 3 choices:
 - a) The Comprehensive Training Course
 - b) The Mat Training Course
 - c) Trade for classes and apparatus sessions
- 2) Fill out the application and either mail, email or drop it off with the studio
- 3) If your availability suits our needs and you seem a good fit for the position we will call you and finalize the arrangement.

The Comprehensive Training Course

What you get:

\$2,000 discount on the full cost of the program. Pay \$1,500 deposit to reserve your space in the Course and then the remaining \$1000.00 balance by the start of the Course's first weekend intensive.

Requirements:

This work study arrangement lasts from the Comprehensive start date to the Comprehensive end date.

Must be available in the studio for 10 hours per week (2 days, 5 hours each day). Work study hours **DO NOT** fulfill apprentice requirements for the course.

No semi-private sessions, mat or tower classes may be scheduled during the times allotted for work study.

Duties include answering phones, dealing with clients, mailings, cleaning, errands, and data entry.

Deadline:

Applications accepted on a rolling basis

The Mat Training Course

What you get:

\$675 discount on the full cost of tuition for the Mat Training Course. Pay \$250 deposit to reserve your space in the Mat Training Course.

Requirements:

This work study arrangement lasts for 3 months

Must be available in the studio for 10 hours per week. (2 days, 5 hours each day).

No mat or tower classes may be scheduled during the times allotted for workstudy.

Duties include answering phones, dealing with clients, mailings, cleaning, errands, and data entry.

Deadline:

Applications accepted on a rolling basis.

Sessions

What you get:

A package of 15 mat classes and 15 semi privates that expires in 3 months from your start date.

Requirements:

This work study arrangement lasts for 3 months

Must be available in the studio for 10 hours per week (2 days, 5 hours each day).

No semi-private sessions, mat or tower classes may be scheduled during the times allotted for work study.

Duties include answering phones, dealing with clients, mailings, cleaning, errands, and data entry.

After initial 3 month commitment, you may sign up for another 3 months if the arrangement is working for both you and Core Pilates NYC

***No extensions of class packages will be given. No exceptions.*

Deadline:

Applications for this arrangement are received on a rolling basis.

Work-study Application

Name _____

Address _____

City _____ State _____ Zip _____

Cell Phone _____ other phone _____

Email Address _____ Age _____

Please choose which program you are interested in:

The Mat Training Course The Comprehensive Training Course Sessions

Please Indicate your experience with:

	None	Beginner	Intermediate	Advanced	Comments
Mat					
Reformer					
Cadillac (tower) Chair					
Barrels					
Pedi-Pull					
Other apparatus					

Core Pilates NYC has prevailed as one of NYC's leading Pilates studios largely as a result of our customer service. We pride ourselves on providing a warm and friendly environment where the clients needs come first and require that all members of our staff do the same.

As a staff member of CPNYC you are expected to recognize clients by name and greet them as they enter the studio. In addition to administering daily tasks set up by the office manager or owners you will be expected to ensure smooth operations of the studio from making sure there is toilet paper in the bathroom to answering client's questions. The staff behind the desk is a representation of our studio, if you are not comfortable working with people daily then this is not the position for you.

Please answer the following questions

What fitness related experience do you have that makes you qualified for the work-study position?

Why do you want to do work-study?

Why do you want to work for Core Pilates NYC?

What is your experience with Pilates, how long have you been doing Pilates?

What qualities do you think you can bring to the studio?

Would you still be able to take the training course if you were not granted work-study?
(Answer only if you are applying for one of the courses)

Describe your phone manner.

Do you have other commitments that may influence your availability?

Describe experience with: PC Microsoft Word/Microsoft Outlook/Excel/Powerpoint/Database programs/ internet

You have read and understand the time commitment and requirements of our work study programs
Yes No