



## The Process

Decide which workstudy program you are interested in. You have 3 choices:

The Comprehensive Training Course

The Mat Training Course

Trade for classes and apparatus sessions

Fill out the application and either mail, email or drop it off with at the studio

Address:

900 Broadway, Suite 401

New York, NY 10003

[education@corepilatesnyc.com](mailto:education@corepilatesnyc.com)

If your availability suits our needs and you seem a good fit for the position we will contact you and finalize the arrangement.



# The Comprehensive Training Course

## **What you get:**

\$2,000 discount on the full cost of the program. Pay \$1,500 deposit to reserve your space in the Course and then the remaining \$1000.00 balance by the start of the Course's first weekend intensive.

## **Requirements:**

This workstudy arrangement lasts from the Comprehensive start date to the Comprehensive end date.

You must be available in the studio for 10 hours per week (2 days, 5 hours each day).

Work study hours DO NOT fulfill apprentice requirements for the course.

No semi-private sessions, mat or tower classes may be scheduled during the times allotted for work study.

Duties include answering phones, dealing with clients, mailings, cleaning, errands, and data entry.

**Deadline:** Applications accepted on a rolling basis



## The Mat Training Course

### **What you get:**

\$675 discount on the full cost of tuition for the Mat Training Course. Pay a \$250 deposit to reserve your space in the Mat Training Course.

### **Requirements:**

This workstudy arrangement lasts for 3 months

Candidates must be available in the studio for 10 hours per week

(2 days, 5 hours each day).

No mat or tower classes may be scheduled during the times allotted for workstudy.

Duties include answering phones, dealing with clients, mailings, cleaning, errands, and data entry.

**Deadline:** Applications accepted on a rolling basis.



## Trade for Sessions

### **What you get:**

Packages of 15 mat classes; 15 semi privates that expires in 3 months from your start date.

### **Requirements:**

This workstudy arrangement lasts for 3 months

Must be available in the studio for 10 hours per week (2 days, 5 hours each day).

No semi-private sessions, mat or tower classes may be scheduled during the times allotted for work study.

Duties include answering phones, dealing with clients, mailings, cleaning, errands, and data entry.

After initial 3 month commitment, you may sign up for another 3 months if the arrangement is working for both you and Core Pilates NYC

No extensions of class packages will be given. No exceptions.

**Deadline:** Applications for this arrangement are received on a rolling basis.

# Work-study Application

Name

Age

Address

City

State

Zip Code

Phone

Email

Please choose which program you are interested in:

The Mat Training Course     The Comprehensive Training Course     Trade for Sessions

Please indicate your experience with:

	None	Beginner	Intermediate	Advanced
Mat				
Reformer				
Cadilla/Tower				
Chair				
Other				

Core Pilates NYC has prevailed as one of NYC's leading Pilates studios largely as a result of our customer service. We pride ourselves on providing a warm and friendly environment where the clients needs come first and require that all members of our staff do the same. As a staff member of CPNYC you are expected to recognize clients by name and greet them as they enter the studio. In addition to administering daily tasks set up by the office manager or owners you will be expected to ensure smooth operations of the studio from making sure there is toilet paper in the bathroom to answering client's questions. The staff behind the desk is a representation of our studio, if you are not comfortable working with people daily then this is not the position for you.

# Please answer the following questions

What fitness related experience do you have that makes you qualified for the work-study position?

Why do you want to do work-study?

Why do you want to work for Core Pilates NYC?

What qualities do you think you can bring to the studio?

Would you still be able to take the training course if you were not granted work-study?

(Answer only if you are applying for one of the courses)

Describe your phone manner.

Do you have other commitments that may influence your availability?

Describe experience with: Mindbody Online, Internet, Photoshop, Microsoft Word, Ipad...

You have read and understand the time commitment and requirements of our workstudy programs?

Yes       No